

# Recognised activities

- Paid work
- Self-employment
- Paid and unpaid leave
  - periods of leave will be recognised at the same level of activity as paid work
  - unpaid leave, except unpaid parental leave – maximum of 6 months
  - unpaid parental leave – no time limit
- Unpaid work in a family business
- Receiving Newstart or Youth Allowance (Jobseekers), Special Benefit or Parenting Payment
  - 36 hours per fortnight if only activity
- Approved course of education or study

# Recognised activities

- Actively looking for work
  - 36 hours per fortnight if only activity
- Training courses which improve work skills or employment prospects
- Unpaid voluntary work
  - 36 hours per fortnight if only activity
- Receiving Carer Allowance
  - 72 hours per fortnight
- Actively setting up a business
  - time-limited to six months in every 12 months
- Other activities on a case by case basis